

1

PUBLIC SPEAKING

2

INTERPERSONAL COMMUNICATION

3

STRATEGIC LEADERSHIP

4

MANAGEMENT

5

CONFIDENCE

*Confidence is unique because it cannot be taught, but is gained in every path.

10 PATHS

The primary core competencies represented in each path are listed in order of emphasis next to the path name.

Dynamic Leadership

Build strategic leadership and conflict resolution skills

1

2

3

5

Effective Coaching

Build interpersonal communication, leadership and coaching skills

1

2

4

5

Innovative Planning

Build creative project management and communication skills

1

4

2

5

Leadership Development

Build communication and leadership skills

1

2

4

5

Motivational Strategies

Build motivational leadership and communication skills

1

2

3

5

Persuasive Influence

Build skills to lead in complex situations

1

3

2

5

Presentation Mastery

Build public speaking skills

1

5

Strategic Relationships

Build networking, leadership and communication skills

1

2

3

5

Team Collaboration

Build collaborative leadership skills

1

4

2

5

Visionary Communication

Build innovative communication and leadership skills

1

3

2

5

L1: Mastering Fundamentals

01

02

03

01: The Ice Breaker

A 4 to 6 minute speech to introduce yourself to the club.

02: Evaluation & Feedback

A 5 to 7 minute speech on any topic, then review and incorporate feedback from your first speech into a second 5 to 7 minute speech. After completing both speeches, serve as a speech evaluator.
(May be used as credit for Level 4 requirement)

03: Researching & Presenting

Select and research a topic you are not familiar with, or you wish to learn more about, and present a 5 to 7 minute speech.

L2: Learning Your Style

04

05

06

04: A required Project

05: A required Project

List of projects in Level 2:
Understanding your Communication Style
Understanding your Leadership Style
Connect with your Audience
Active Listening
Managing Time
Effective Body Language
Cross Cultural Understanding

06: Introduction to Toastmasters Mentoring

Reflect upon and present a 5 to 7 minute speech about a time when you were a mentee, and share the impact and importance of having a mentor. This speech is not a report on the content of this project
(Part of the Pathways Mentor Program — see below)

L3: Increasing Your Knowledge

07

08

09

07: A required Project

List of projects in Level 3:
Negotiate the Best Outcome
Reaching Consensus
Understanding Emotional Intelligence
Understanding Conflict Resolution
Present a Proposal
Planning & Implementing
Persuasive Speaking
Successful Collaboration
Develop a Communication Plan
Make Connections through Networking

08: Choose an Elective

09: Choose an Elective

List of 13 electives in Level 3:
Deliver Social Speeches
Using Presentation Software
Connect with Storytelling
Creating Effective Visual Aids
Using Descriptive Language
Connect with Your Audience
Focus on the Positive
Inspire Your Audience
Prepare for an Interview
Understanding Vocal Variety
Effective Body Language
Active Listening
Make Connections Through Networking

L4: Building Skills

*

10

11

*Serve as Toastmaster, Topicsmaster, and Project Evaluator before beginning Level 4

10: A required Project

List of projects in Level 4:
Manage Change
Manage Projects Successfully
Leading your Team
Motivate Others
Leading in Difficult Situations
Managing a Difficult Audience
Public Relations Strategies
Communicate Change
Improvement through Positive Coaching

11: Choose an Elective

List of 8 electives in Level 4:
Create a Podcast
Building a Social Media Presence
Managing a Difficult Audience
Write a Compelling Blog
Manage Online Meetings
Question-and-Answer Session
Public Relations Strategies
Manage Projects Successfully

L5: Demonstrating Expertise

12

13

14

12: A required Project

List of projects in Level 5:
Lead in Any Situation
Leading in your Volunteer Org
Manage Successful Events
Team Building
High Performance Leadership
Prepare to Speak Professionally
Develop your Vision

13: Choose an Elective

List of 6 electives in Level 5:
Lessons Learnt
Moderate a Panel Discussion
Ethical Leadership
High Performance Leadership
Prepare to Speak Professionally
Leading in your Volunteer Org

14: Reflect on your Path

At a club meeting, present a 10 to 12 minute speech to share your experience completing your path. Your speech may be in any style that appeals to you and supports your speech content.

Projects common to all Paths

Required Project, specific to your chosen Path

Choose an Elective (may not repeat any project attempted in the same path)

Required Projects in Level 2

Understanding your Communication Style

Presentation Mastery

Motivational Strategies

Effective Coaching

Dynamic Leadership

Visionary Communication

Understanding your Leadership Style

Innovative Planning

Leadership Development

Strategic Relationships

Persuasive Influence

Team Collaboration

Connect with your Audience

Managing Time

Cross-Cultural Understanding

Active Listening
(Serve as a Topicsmaster)
May be used as credit for Level 4 requirement

Prepare to Mentor:

Complete the self-evaluation resources included in this project. Meet with VPE to discuss your readiness to mentor. There is no speech associated with this project.

Mentoring:

Work with a protégé to complete a project. Your VPE will help match you with a fellow member. Assist the protégé in setting goals and developing a plan. After your mentorship, deliver a 5-7 minute speech about your experience.

Advanced Mentoring:

Mentor a fellow member or other person for 6 months. Communicate regularly with your protégé, record meeting dates and times, and give and receive feedback both verbally and in writing. After your mentorship, deliver a 5-7 minute speech about your experience.

(May begin after Level 2)

A structured program to help you understand best practices for mentoring and practice mentoring on a small and large scale. Optional program, no credit rewarded.

You are considered a Pathways Mentor after completing all Pathways Mentor Program projects AND a full path in Pathways.

Required Project in Level 5

Effective Coaching

Innovative Planning

Persuasive Influence

Strategic Relationships

Dynamic Leadership

Team Collaboration

Leadership Development

Motivational Strategies

Presentation Mastery

Visionary Communication

High Performance Leadership:
Deliver a 5 to 7 minute speech at a club meeting to introduce your plan and vision. Complete a project with a team of at least 3 other members

Form and meet with a guidance committee at least 5 times throughout the duration of the project. After you implement the plan, deliver a second 5 to 7 minute speech to share your experience developing and completing your plan.

Leading in your Volunteer Organisation/ Lead in Any Situation:
Take on a leadership role in Toastmasters or with your volunteer organisation, or in your career for at least 6 months. Ask your peers/ members of the organisation for a 360degrees evaluation of your leadership skill.
Create a succession plan to aid the transition after you leave your leadership position. Present a 5-7 minute / 8-10 minute speech about your experience.

Manage Successful Events:
Plan, co-ordinate and complete a chosen event, in your club, or another environment. After the event, deliver a 5-7 minute speech.

Team Building:
Build and work with a small team on a team-building event. After the event, deliver a 5-7 minute speech to your club.

Prepare to Speak Professionally:
Prepare and present a 18-22 minute keynote style speech. You may present your speech outside of the club environment with your VPE's approval.

Develop your Vision:
Develop and present a vision at a club meeting in a 5-7 minute speech. Establish a timeline for implementing your plan using the resources included. Deliver another 5 to 7 minute speech to present your plan.

Required Complete 2 paths

Serve as Club Officer (1 year)

Serve as District Officer (1 year)

Electives Club Mentor OR Club Coach

YLP OR Speechcraft OR Club Sponsor

DTM Project

Pathways Distinguished Toastmaster

This document is best viewed in PDF, best printed in A3

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